



ST. FRANCIS
Senior Ministries

SHARING TIMES

A newsletter for Families and Residents of St. Francis Home, Friedman Village, ESA and Villas

Volume 14, Issue 10 October 2026

RESIDENT RIGHTS

You have the right to practice a religion of your choice or to abstain from the practice of religion.



ST. FRANCIS
Senior Ministries

Annual
**Wellness
Extravaganza**

Thursday, October 22nd

9:00 AM - 1:00 PM

Elizabeth Schaefer Auditorium

190 St. Francis Ave., Tiffin

- FREE & OPEN TO THE PUBLIC
- DONATE OLD EYEGASSES
- BRING MEDICATIONS TO BE CHECKED BY A PHARMACIST
- TESTINGS/SCREENINGS OFFERED
- DISPOSE OF UNWANTED MEDS
- MANY AREA ORGANIZATIONS

FLU SHOTS WILL BE AVAILABLE (BRING PHOTO ID & INSURANCE CARD)

**Misty Schnipke, RN &
Christy Montgomery, RN**
*Differences Between Palliative
Care and Hospice*
Speaking at 11:30 AM



FREE Lunch Sponsored in part by **Bridge Home Health & Hospice**

RSVP for lunch by **October 14th** at (419) 447-3141 or
Kellie.Hartsel@stfrancishome.org

In Memoriam

**We extend our deepest
sympathy to the family and
friends of our residents who
recently passed away.**



Donald Brown

Susan O'Brien

Thomas Perkins

Sherri Myers

1 Day only!

SEMI-ANNUAL MOM2MOM RESALE EVENT

SHOP GENTLY USED KIDS CLOTHING, TOYS,
BOOKS, MATERNITY ITEMS, ETC

Saturday, October 10th, 2026

@ 9am-2pm

Elizabeth Schaefer Gym
190 St Francis Ave, Tiffin
Located behind St Francis Home

Spaces are
limited!

Interested in becoming a seller? Questions?
Contact Rachel @ RStraka19@gmail.com OR Danielle @
danielleroleary@gmail.com

Find us on Facebook-
Tiffin-Seneca Semi Annual Mom2Mom Sale Group



*Each seller is responsible for his/her
items/ table & will accept his/ her own
payments.



alzheimer's association®

Sat. Oct. 3, 2026

Join the St. Francis Senior Ministries Team
at
[https://act.alz.org/site/TR?team_id=1036711
&pg=team&fr_id=19855](https://act.alz.org/site/TR?team_id=1036711&pg=team&fr_id=19855)

2026 CHARISM WEEK

Programs and activities are open to the general public



In recognition of our St. Francis Campus Ministries, employees are encouraged to wear logo shirts throughout the week. Jeans are acceptable.

**Monday,
September 28**

Petting Zoo in honor of St. Francis of Assisi in the parking lot behind St. Francis Home from 9:30-11:00am. Includes: animals from the Franciscan Earth Literacy Center and Seneca County Humane Society and more

**Tuesday,
September 29**

Sr. Margaret Slowick, OSF presents "What Would Francis Do? 800 Years Wisdom for the World Today" from 10:30 - 11:45am at St. Francis Convent Chapel

**Wednesday,
September 30**

Franciscan Pilgrimage Tours at St. Francis Convent, inside and outside at 1:00pm. Tour is handicapped accessible and led by a guide. **NOTE: Rain Date for Petting Zoo**

**Thursday,
October 1**

Hayrides at 9:00am, 10:00am and 1:00pm. Meet behind St. Francis Home for cider and donuts. Sign up at St. Francis Home Front Desk, let them know if you would like to be picked up at your residence.

**Friday,
October 2**

Mass for Care of Creation at 11:15am at St. Francis Convent Chapel

St. Francis Community Charism Awards at 1:30pm in St. Francis Home Main Dining Room with cake and refreshments following.

Saturday, October 3

Pet Blessing with Fr. Ted at 2:30pm at Franciscan Earth Literacy Center

Join the Sisters for Transitus of St. Francis at St. Francis Convent Chapel, 7:00pm

Sunday, October 4

Join the Sisters for the Solemnity of St. Francis Mass at 11:00 at St. Francis Convent Chapel

St. Francis
COMMUNITY
TIFFIN, OHIO

2026 CHARISM WEEK FOOD DRIVE

COLLECTING UNTIL THURSDAY, OCTOBER 1ST

ACCEPTING DONATIONS OF NON-PERISHABLE
FOOD IN JARS AND CANS FOR THOSE IN NEED
THROUGHOUT THE TIFFIN AREA

WE RECOMMEND SAUCES, SOUPS, BEANS,
HONEY, PEANUT BUTTER, AND CANNED MEAT

Boxes will be available at:

Sisters of St. Francis Convent
St. Francis Home
Friedman Village Assisted Living
Elizabeth Schaefer Apartments
Franciscan Earth Literacy Center



Assised
Living
Big



Dipper
Outing
YUM!

HAPPY BIRTHDAY RESIDENTS OF ST. FRANCIS SENIOR MINISTRIES

October

- 02 - William Hoppes (*Villas*)
- 03 - Janet Cole (*Villas*)
- 05 - John Hosang (*Villas*)
- 07 - Sr. Linda Scheckelhoff (*Villas*)
- 08 - Judy Lonsway (*St. Francis Home*)
- 08 - Sr. Diane Mueller (*Elizabeth Schaefer Apts.*)
- 09 - Peggy Thallman (*St. Francis Home*)
- 10 - Nance Colins (*Villas*)
- 11 - Adriana Lommerse (*St. Francis Home*)
- 12 - Kelly Vancamp (*Friedman Assisted Living*)
- 14 - Shay Reese (*Villas*)
- 20 - Mike Hoffbauer (*Elizabeth Schaefer Apts.*)
- 21 - Sr. Jackie Doecker (*Elizabeth Schaefer Apts.*)
- 23 - Diane Wurm (*Villas*)
- 23 - Barb Tary (*Elizabeth Schaefer Apts.*)
- 24 - Sr. Judy Leibengood (*Villas*)
- 25 - Curtiss Tusing (*Villas*)
- 26 - Alma Everhart (*Elizabeth Schaefer Apts.*)
- 26 - Kathy Shuff (*Elizabeth Schaefer Apts.*)
- 29 - Barb Neikirk (*Elizabeth Schaefer Apts.*)



Don't forget to visit and "like" the St. Francis Senior Ministries Facebook page. More pictures, announcements and events are posted on our page.

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Contemplative Tai Chi for Seniors

St. Francis Convent Chapel
9:00 a.m. every Wednesday

Enter through the front door
of the Convent.

Sister Jane Omlor has been offering
an experience of simplified Tai Chi and invites
you to give it a try.

No charge, 1/2 hour, no experience.



IL Dining Out



**Happy 100th
Birthday, Sally!**






St. Francis Senior Ministries
Villa Open House
Wednesday, September 30
4-6 PM
 1400, 1600 & 1800 sq. ft. units • 1 & 2 car garages
 Tour begins at St. Francis Villa #19
 192 St. Francis Ave. #19, Tiffin, OH
 (Watch for signs)



Marcia Shockley-Rhoad
 Realtor
 567.230.3948
 C21BolteRealEstate.com

CENTURY 21
 Bolte Real Estate




ST. FRANCIS
 Senior Ministries

Happy Halloween



Celebrating the Feast of St. Francis of Assisi

Pet Blessing
 with Father Ted Miller

Saturday, October 3rd at 2:30 pm
at the Franciscan Earth Literacy Center
194 St. Francis Ave, Tiffin

ALL ARE WELCOME



St. Francis
 COMMUNITY
 Tiffin, Ohio



THERAPY PROGRAMS

Maximizing strength, independence & quality of life

St. Francis Senior Ministries, in partnership with HealthPRO Heritage, offers on-site rehabilitation services:

- Physical Therapy
- Occupational Therapy
- Speech Therapy

Specialized programs are available to promote independence and regain skills:

- Fall Prevention
- Balance
- Mobility
- Training in Self-Care & Home Activities
- Pain Management
- Home Safety
- Post-Operative Care
- Caregiver Training
- Home Safety Assessment
- Adaptive Equipment Training
- Voice and Speech Impairments
- Swallowing Difficulty
- Word-Finding Deficits
- Incontinence Management
- Arthritis Management

Additional Details:

- Therapy participation requires a physician prescription
- Services are typically covered under Medicare Part B or Managed Part B benefit

For more information or to schedule an appointment or a complimentary consultation, please call
 419-447-2723 Ext 3275.



HEALTHPRO  HERITAGE
 182 St Francis Ave • Tiffin, OH 44883

HEALTHPRO  HERITAGE

Sep 2026

HEALTHPRO Heritage
The Balance Bulletin

DID YOU KNOW?

September is Falls Prevention Month!

Falls are the **leading cause of injury** among older adults- but most are preventable!

1/4 adults over 65 experiences a fall each year

Over **60% of those falls** happen at home or in a senior living community

The majority of falls are due to a **combination of factors**- balance changes, medications, environment or rushing (CDC)

Bettering Balance

Fall Prevention Week is **September 23-27**
 Join us for special programs all week long!

- **Join a Balance Class**
 - Practice safe movements, improve strength and boost confidence
- **Schedule a Fall Risk Screen**
 - Your therapy team can assess balance, strength, and home safety
- **Check Your Environment**
 - Keep pathways clear, add night lights, and secure rugs
- **Review Your Medications**
 - Ask your nurse or physician if any cause dizziness or fatigue
- **Stay Active Every Day**
 - Even short walks or seated exercise improve strength and coordination

Therapist Tip of the Month

Fall prevention is a team effort. Each of us- residents, families, and staff- plays a role in keeping our community safe. Notice a trip hazard? Report it. Feeling unsteady? Tell your therapy team. Small steps lead to big safety wins!

Rehab's Role in Supporting You

- Promote Balance & Strength through Targeted Exercise
- Teach Safe Mobility and Use of Assistive Devices
- Adapt Environments to Reduce Fall Hazards
- Establish Safe Self-Care and Daily Routines
- Support Cognitive & Communication Skills for Fall Risk Awareness