



## RESIDENT RIGHTS

You have the right to retain the services of any health or social services practitioner at your own expense.

### Alzheimer's Association Northwest Ohio Chapter

*Join us for a free program!*

### Understanding Alzheimer's & Dementia and 10 Warning Signs of Alzheimer's

Thursday, May 23, 2024 at 2:00 pm



St. Francis Home  
Multipurpose Room  
182 St. Francis Avenue  
Tiffin, OH

Alzheimer's is a disease of the brain that causes problems with memory, thinking and behavior. Join the Alzheimer's Association to learn about the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, common warning signs, the importance of early detection and Alzheimer's Association resources.

Pre-registration is preferred.

For questions or to register, please contact Jenn Miller at 567.302.3610 or jencmiller@alz.org

ALZHEIMER'S ASSOCIATION®

800.272.3900 | alz.org®



## IN MEMORIAM

We extend our deepest sympathy to the family and friends of our residents who recently passed away.



*Jane Wickham*

*Paul Hannay*

*Susan Young*

*Anita Whitney*

*Dennis Sharp*

*Francis Clayburn*

*Christel Warren*

*Dorothy Brickner*

## FRIDAY FOOD TRUCKS



**Held one Friday of every month May - Sept.  
10am - 2pm (or until sold out/otherwise noted)  
in the front parking lot of  
St. Francis Home, 182 St. Francis Ave., Tiffin**

**May 3: Tijuana Tacos**

**June 7: Jonny Burritos**

**July 12: Not Your Mama's Grilled Cheese**

**August 2: The Bagel Buggy**

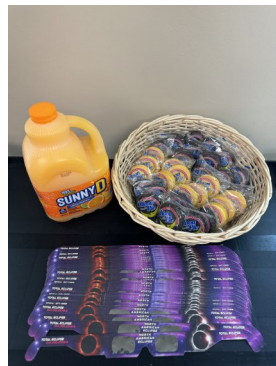
**September 6: High Voltage Coffee Co.**

**7am - 1pm**

**\*Food trucks & times subject to change**

# 2024 TOTAL ECLIPSE

What an amazing experience for our staff and residents!



# HAPPY BIRTHDAY RESIDENTS OF ST. FRANCIS SENIOR MINISTRIES

## May

- 01 - Sr. Marcella Herman (*St. Francis Home*)
- 02 - Joe Granata (*St. Francis Home*)
- 02 - Sr. Paulette Schroeder (*ESA*)
- 06 - Sr. Laurene Toeppe (*St. Francis Home*)
- 06 - Laura Johnson (*Villas*)
- 06 - Sr. Betty Lindenberger (*Villas*)
- 07 - Pearl Bare (*St. Francis Home*)
- 08 - Anne Marquis (*Villas*)
- 09 - Charles Payne (*ESA*)
- 14 - Phyllis Wahl (*Villas*)
- 18 - Lucille Daniel (*Friedman AL*)
- 18 - Jane Weber (*ESA*)
- 23 - Jane Dow (*Villas*)
- 27 - Virginia Tharp (*Friedman AL*)
- 27 - Lotus Hoppes (*Villas*)
- 28 - Bill Wickham (*Villas*)
- 29 - Shirley Magers (*Friedman AL*)
- 31 - Ann Seyer (*Villas*)



Don't forget to visit and "like" the St. Francis Senior Ministries Facebook page. More pictures, announcements and events are posted on our page.



## EMAILS WANTED!

Please provide us with your email so we can email you the monthly newsletter and calendar!

You can email Kellie Hartsel at [Kellie.Hartsel@stfranchishome.org](mailto:Kellie.Hartsel@stfranchishome.org) or call her at (419) 443-1540.

Newsletters are also posted on the NEW WEBSITE ([csjinitiatives.org/tiffin](http://csjinitiatives.org/tiffin)) and on the St. Francis Senior Ministries Facebook Page.



Recycle These

### PAPER



Cardboard should fit inside cart.

### PLASTICS

Bottles, jugs, tubs and cups



Reattach lid. Yogurt and fruit cups OK.

### METAL CANS & CUPS



Non-hazardous, non-flammable material only.

### GLASS BOTTLES & JARS



Any color.

### CARTONS



Remove caps and straws.

### DON'T RECYCLE

- Plastic bags
- Hazardous material such as batteries
- Tanglers such as clothing, dog leashes & garden hoses
- Scrap metal, including pots & pans

Visit [www.rumpke.com](http://www.rumpke.com) to learn more about our recycling program. Visit your local Solid Waste District to find where you can dispose of hazardous material.



[www.rumpke.com](http://www.rumpke.com) | 1-800-828-8171



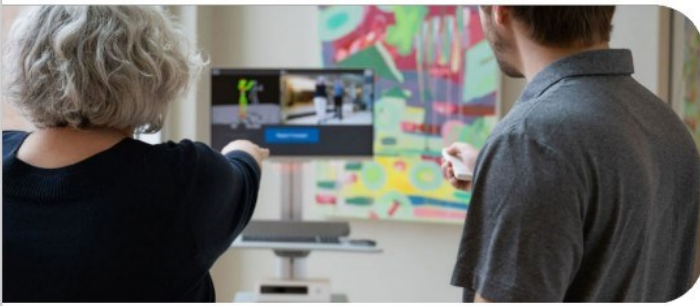
ST. FRANCIS Senior Ministries



**Friday, May 10th 9AM-4PM**  
**Saturday, May 11th 9AM-12PM**

192 St. Francis Ave. Villa #20  
197 St. Francis Ave.  
Tiffin

Watch for Signs



## FIND OUT YOUR FALL RISK! FREE VIRTUSENSE SCREENING EVENT

Every 4th Wednesday | 11:00AM-12:00PM

Please join us for a balance screening event hosted by HealthPRO Heritage. Utilizing artificial intelligence, VirtuSense analyzes your gait to calculate your exact risk of falls. Come find out your fall risk for **free** + find out just how VirtuSense technology is changing the healthcare industry!

For more information, please call:

Phone Number

419-447-2723 ext. 3275

St. Francis  
Therapy Department  
182 St. Francis Ave.  
Tiffin, OH 44883

## THERAPY PROGRAMS

Maximizing strength, independence & quality of life

St. Francis Senior Ministries, in partnership with HealthPRO Heritage, offers on-site rehabilitation services:

- Physical Therapy
- Occupational Therapy
- Speech Therapy

Specialized programs are available to promote independence and regain skills:

- Fall Prevention
- Balance
- Mobility
- Training in Self-Care & Home Activities
- Pain Management
- Home Safety
- Post-Operative Care
- Caregiver Training
- Home Safety Assessment
- Adaptive Equipment Training
- Voice and Speech Impairments
- Swallowing Difficulty
- Word-Finding Deficits
- Incontinence Management
- Arthritis Management

Additional Details:

- Therapy participation requires a physician prescription
- Services are typically covered under Medicare Part B or Managed Part B benefit

For more information or to schedule an appointment or a complimentary consultation, please call 419-447-2723 Ext 3275.



HEALTHPRO  HERITAGE

182 St Francis Ave • Tiffin, OH 44883

# Laudato Si' & Integral Ecology as a Way of Seeing

Thursday, May 9  
7:00 PM - 8:15 PM

Holy Family Chapel, St. Francis Convent  
200 St. Francis Ave., Tiffin

Call 419-443-1485 to RSVP



**Presenter:** Vincent Miller is the Gudorf Chair in Catholic Theology and Culture at the University of Dayton. He is the author of *Consuming Religion: Christian Faith and Practice in a Consumer Culture* and editor of *The Theological and Ecological Vision of Laudato Si': Everything is Connected*. Recently he has authored a series of essays in *Commonweal Magazine* on integral ecology in an old growth forest and attending to loss in the same forest after a catastrophic wildfire, and on Pope Francis' notion of hope and the ecological crisis.

HealthPRO Heritage presents:

## ACTIVE AGING

Attend our lecture on Active Aging and learn about the many services that are available to you here on campus. Subjects covered include services covered by insurance, the latest Medicare updates, as well as useful adaptive equipment that most anyone can benefit from, and more!

### LOCATION:

St. Francis Home Multipurpose Room

### DATE:

Tuesday May 14, 2024

### TIME:

2:00 PM



Cookies and punch provided  
by St. Francis Senior Ministries