



RESIDENT RIGHTS

You have the right to state grievances to the owner or the manager of the facility, to any governmental agency, or to any other person without reprisal.

IN MEMORIAM

We extend our deepest sympathy to the family and friends of our residents who recently passed away.



Rene Clinger

Audrey Horn

Janice Burnside

Glenna West

ST. FRANCIS SENIOR MINISTRIES PRESENTS

SECOND ANNUAL



*Red Carpet
Affair*

Saturday, April 13, 2024

6:00p-11:00p

The Chandelier - Tiffin

Ladies 21 & Over Only



Proceeds to benefit St. Francis Senior Ministries, First Step in Fostoria and Transformation Life Center in Tiffin

- T-Town DJ
- Raffles & 50/50
- Photo Booth
- Door Prizes
- Hors d'oeuvres
- Cash Bar

Tickets on Sale on 2/1/24 - Pre-Order Only
\$40 Ticket Includes Food & Non-Alcohol Drinks
Call or Text Danielle at 419-788-7563 for Info



FRIDAY FOOD TRUCKS



**Held one Friday of every month May - Sept.
10am - 2pm (or until sold out/otherwise noted)
in the front parking lot of
St. Francis Home, 182 St. Francis Ave., Tiffin**

May 3: Tijuana Tacos

June 7: Jonny Burritos

July 12: Not Your Mama's Grilled Cheese

August 2: The Bagel Buggy

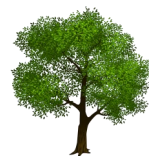
September 6: High Voltage Coffee Co.

7am - 1pm

***Food trucks & times subject to change**



**April 22,
2024**





Total Solar Eclipse in Tiffin April 8, 2024!

What happens in a total solar eclipse? The moon passes between the earth and the sun at a precise angle that totally blocks the sun.

Previous total solar eclipse visible in Ohio: 1806
Next total solar eclipse visible in Ohio: 2099

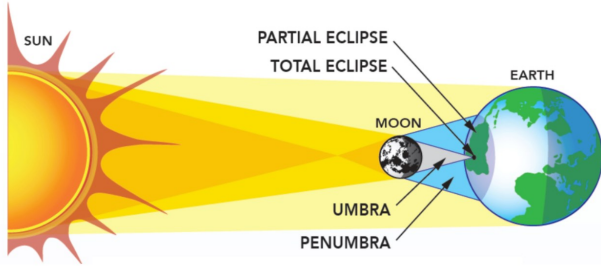


Illustration courtesy of NASA

Even under the complete darkness at 3:12 PM of this once-in-a-lifetime total eclipse, direct observation of the sun requires the use of approved eye-protecting filters like these LUNT Solar System viewers. Your contribution helps support FELC! Thank you!

Eating at the Corner Restaurant



**Solar Eclipse
Glasses - \$4 ea**
*Adult & Children
Sizes Available*

Eclipse Reminders Plan Ahead

- Fill up vehicle gas tanks week prior
 - Get groceries week prior
 - Stay off the roads
- Make sure you have eye protection (glasses available at FELC)
- Keep in mind cell phones may not work
- Some St. Francis entrances will be blocked off (residents will be receiving notification)

Assisted Living March Birthday Celebration



HAPPY BIRTHDAY RESIDENTS OF ST. FRANCIS SENIOR MINISTRIES

April

- 02 - James Seyer (*Villas*)
- 05 - Jane Ewald (*Villas*)
- 08 - Sr. Edna Michel (*Villas*)
- 13 - Carol Brickner (*Villas*)
- 14 - Eugene Phillips (*Villas*)
- 24 - Mary Harding (*Villas*)



Don't forget to visit and "like" the St. Francis Senior Ministries Facebook page. More pictures, announcements and events are posted on our page.



EMAILS WANTED!

Please provide us with your email so we can email you the monthly newsletter and calendar!

You can email Kellie Hartsel at Kellie.Hartsel@stfrancishome.org or call her at (419) 443-1540.

Newsletters are also posted on the NEW WEBSITE (csjinitiatives.org/tiffin) and on the St. Francis Senior Ministries Facebook Page.

THERAPY PROGRAMS

Maximizing strength, independence & quality of life

St. Francis Senior Ministries, in partnership with HealthPRO Heritage, offers on-site rehabilitation services:

- Physical Therapy
- Occupational Therapy
- Speech Therapy

Specialized programs are available to promote independence and regain skills:

- Fall Prevention
- Balance
- Mobility
- Training in Self-Care & Home Activities
- Pain Management
- Home Safety
- Post-Operative Care
- Caregiver Training
- Home Safety Assessment
- Adaptive Equipment Training
- Voice and Speech Impairments
- Swallowing Difficulty
- Word-Finding Deficits
- Incontinence Management
- Arthritis Management

Additional Details:

- Therapy participation requires a physician prescription
- Services are typically covered under Medicare Part B or Managed Part B benefit

For more information or to schedule an appointment or a complimentary consultation, please call 419-447-2723 Ext 3275.

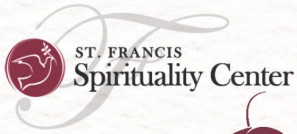


Making Blankets



HEALTHPRO  HERITAGE
182 St Francis Ave • Tiffin, OH 44883





Remembering Your Story

Writing your spiritual autobiography in your wisdom years

In this four-part (two hours each) retreat series, we will rely heavily on the book *Remembering Your Story: Creating Your Own Spiritual Autobiography*, revised edition, by Richard L. Morgan.

Morgan offers practical suggestions for creating a life story that goes far beyond a simple resume or chronology of one's life. We will dig deeper and study and reflect on his seven foundational principles, including "Every life is a unique, invaluable story," and "Faith stories are the legacy we leave."

Our sessions will include time for prayer, teaching, and listening to and telling our stories, with the hope that we will receive good resources to begin to create our own spiritual autobiography as we expand on Morgan's last principle: "Stories create meaning at any age."

Although we believe that our primary audience for this program/retreat includes those in their "wisdom years," it is certainly open to anyone who wishes to begin to create a legacy of personal stories to leave our loved ones.

Mondays, 6 PM - 8 PM EST Via Zoom or In Person

April 15, May 6, May 20, June 10

Cost \$45

Participants will need to purchase the book *Remembering Your Story: Creating Your Own Spiritual Autobiography*, revised edition, by Richard L. Morgan.

Register by April 1 at 419-443-1485 or peace@franciscanretreats.org



Program Leader: Kathy Berken lives in Saint Paul, Minnesota, and has a master's degree in theology and a graduate certificate in spiritual direction. A member of the ministerial preaching team at the Franciscan Retreats and Spirituality Center in Prior Lake, MN, she has a private spiritual direction practice, offers retreats and days of reflection and prayer, and writes a monthly column on spirituality for an Iowa Catholic newspaper. Kathy believes that spirituality includes everything about our life, and that God the Sacred Mystery is everywhere in everything.

Kathy's other life experiences include the following: house coordinator for the L'Arche community in Iowa; author of a memoir about that experience, *Walking on a Rolling Deck: Life on the Ark*; staff reporter and marketing manager for a Catholic newspaper; and math teacher. She has two grown children and four grandchildren. A two-time breast cancer survivor, Kathy enjoys learning anything about most everything, riding her bike in the woods, and spending time with family and friends.

Happy Doctor's Day!

March 30, 2024

St. Francis Senior Ministries had the chance to thank Medical Director, Dr. Akers for all he does and wish him a happy Doctor's Day!



Social Work Month

March was Social Work Month and St. Francis Senior Ministries recognized Social Services Designee, Amanda Stein.



EMPOWERING SOCIAL WORKERS!

Inspiring Action, Leading Change

