




Independent Living July 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Trash Pick-Up for Villas	2 4:00 Communion Service at ESA	3	4 4th of July 	5
6	7 3:00 Exercise Class at ESA RSVP Deadline for Campus Connection Lunch	8 Trash & Recycling Pick-Up for Villas 10:00 ESA Resident Meeting	9 12:00 Campus Connection Lunch at White House 4:00 Communion Service at ESA	10	11	12
13	14 2:45 Wellness Checks by St. Francis Nurse at ESA 3:00 Exercise Class at ESA RSVP Deadline for Eating Club	15 Trash Pick-Up for Villas	16 11:30 St. Francis Eating Club at The Corner Restaurant 4:00 Communion Service at ESA	17	18	19
20	21 3:00 Exercise Class at ESA	22 Trash & Recycling Pick-Up for Villas Senior Day at Seneca Co. Fair	23 11-12 Balance Screening at St. Francis Home Therapy Dept. 4:00 Communion Service at ESA	24 10:30-12 Cycling Without Age in front of ESA (weather permitting)	25	26
27	28 3:00 Exercise Class at ESA	29 Trash Pick-Up for Villas	30 4:00 Communion Service at ESA	31 10:00 Villa Resident Meeting at ESA	