



Independent Living July 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>1</i> 4:00 Communion Service at ESA	<i>2</i>	<i>3</i>	<i>4 Independence Day</i>
<i>5</i>	<i>6</i> 3:00 Exercise Class at White House	<i>7</i> Trash & Recycling Pick-Up for Villas 10:00 ESA Resident Meeting in Lounge	<i>8</i> 12:00 Summer Cookout at White House BYOB 4:00 Communion Service at ESA	<i>9</i> 10:00 Villa Resident Meeting at ESA	<i>10</i>	<i>11</i>
<i>12</i>	<i>13</i> 2:45 Wellness Checks by SF Nurse at White House 3:00 Exercise Class at White House RSVP Deadline for Eating Club	<i>14</i> Trash Pick-Up for Villas	<i>15</i> 11:30 St. Francis Eating Club at The Corner Restaurant 4:00 Communion Service at ESA	<i>16</i>	<i>17</i> 10 - 2 RobSagna Food Truck in front of St. Francis Home - Residents can eat at White House	<i>18</i>
<i>19</i>	<i>20</i> 3:00 Exercise Class at White House	<i>21</i> Trash & Recycling Pick-Up for Villas 1:30 Fall Risk Screening at ESA	<i>22</i> 11-12 Balance Screening at St. Francis Home Therapy Dept. 4:00 Communion Service at ESA	<i>23</i> 10 - 11:30 Cycling without Age in ESA parking lot	<i>24</i>	<i>25</i>
<i>26</i>	<i>27</i> 3:00 Exercise Class at White House	<i>28</i> Trash Pick-Up for Villas Senior Day at Seneca Co. Fair	<i>29</i> 4:00 Communion Service at ESA	<i>30</i>	<i>31</i>	