

# Friedman Assisted Living July 2026

MO	TU	WE	TH	FR	SA	SU
		11:00 Walking Club <sup>1</sup> 1:30 Coloring 3:00 Trivia	11:00 Puzzles <sup>2</sup> 1:30 Card Games 3:00 Jewelry Making	10:00 Nail Care <sup>3</sup> 1:00 Supportive Visits 3:00 Social Hour	11:00 Walking Club <sup>4</sup> 1:30 Ice Cream Social 4:00 TV Mass <b>Happy 4<sup>th</sup> of July!</b>	11:00 Chair Yoga <sup>5</sup> 1:30 Farkle 3:00 Cornhole
11:00 Mass <sup>6</sup> 1:30 Movie Monday 3:00 Bingo	11:00 Walking Club <sup>7</sup> 1:30 Reading Club 3:00 Card Games	11:00 Chair Yoga <sup>8</sup> 1:30 Farkle 3:00 Cornhole	11:00 Walking Club <sup>9</sup> 1:30 Coloring 3:00 Bingo	10:00 Nail Care <sup>10</sup> 1:00 Supportive Visits 3:00 Social Hour	11:00 Chair Yoga <sup>11</sup> 1:30 Bowling 4:00 TV Mass	11:00 Walking Club <sup>12</sup> 1:30 Coloring 3:00 Cornhole
11:00 Mass <sup>13</sup> 1:30 Movie Monday 3:00 Bingo	11:00 Puzzles <sup>14</sup> 1:30 Library Program 3:00 Balloon Toss	11:00 Walking Club <sup>15</sup> 1:30 Card Games 3:00 Cornhole	11:00 Chair Yoga <sup>16</sup> 1:30 Hot Tea + Cookie Social 3:00 Bingo	10:00 Nail Care <sup>17</sup> 1:00 Supportive Visits 3:00 Social Hour	11:00 Walking Club <sup>18</sup> 1:30 Coloring 4:00 TV Mass	11:00 Chair Yoga <sup>19</sup> 1:30 Puzzles 3:00 Cornhole
11:00 Mass <sup>20</sup> 1:30 Movie Monday 3:00 Bingo	11:00 Pet Visit <sup>21</sup> 1:30 Reading Club 3:00 Card Games	11:00 Chair Yoga <sup>22</sup> 1:30 Craft 3:00 Cornhole	11:00 Walking Club <sup>23</sup> 1:30 Farkle 3:00 Bingo	10:00 Nail Care <sup>24</sup> 1:00 Supportive Visits 3:00 Social Hour	11:00 Chair Yoga <sup>25</sup> 1:30 Bowling 4:00 TV Mass	11:00 Walking Club <sup>26</sup> 1:30 Coloring 3:00 Cornhole
11:00 Mass <sup>27</sup> 1:30 Movie Monday 3:00 Bingo	11:00 Chair Yoga <sup>28</sup> 1:30 Reading Club 3:00 Balloon Toss	11:00 Walking Club <sup>29</sup> 1:30 Puzzles 3:00 Cornhole	11:00 Chair Yoga <sup>30</sup> 1:30 Bowling 3:00 Resident Council/Grievance Committee	10:00 Nail Care <sup>31</sup> 1:00 Supportive Visits 3:00 Social Hour		