

Independent Living August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 10 - 2 Golda's YUMobile Food Truck in front of St. Francis Home - Residents can eat at White House 3:00 Exercise Class at White House	4 Trash & Recycling Pick-Up for Villas	5 4:00 Communion Service at ESA	6	7	8
9	10 2:45 Wellness Checks by SF Nurse at White House 3:00 Exercise Class at White House RSVP Deadline for Root Beer Floats	11 Trash Pick-Up for Villas	12 2:00 Root Beer Floats at White House 4:00 Communion Service at ESA Senior Day at Attica Fair	13	14	15
16	17 3:00 Exercise Class at White House RSVP Deadline for Eating Club	18 Trash & Recycling Pick-Up for Villas	19 11:30 St. Francis Eating Club at American Table 4:00 Communion Service at ESA	20 1:00 Game Day at White House	21	22
23	24 3:00 Exercise Class at White House	25 Trash Pick-Up for Villas	26 11-12 Balance Screening at St. Francis Home Therapy Dept. 4:00 Communion Service at ESA	27	28	29
30	31 10 - 11:30 Cycling w/o Age in ESA lot 3:00 Exercise Class at White House					